

Why the Enneagram?

Why do we utilize a personality assessment tool like the Enneagram?

➤ **Gaining Self-Clarity**

1. Helps us to see how we perceive ourselves, others and God
2. Helps us to understand how we process the stuff we experience
3. Helps us to recognize how we present ourselves to others

➤ **Identifying Specific Areas for Growth**

1. The WEPSS helps us see how much we tend to access different personality energies
2. The WEPSS helps us to see our potential areas of strength and areas where growth may be needed (areas of low positive energy or areas of exaggerated temptation)
3. The WEPSS in particular shows our areas of temptation (non-resourcefulness)

➤ **Understanding Others**

1. We learn to appreciate how differently various personalities perceive themselves & others
2. We come to appreciate how differently others process life
3. We come to recognize why others present themselves so differently than we do
4. The WEPSS gives us a new perspective on the strengths and struggles of others and gives us an opportunity for greater compassion and appreciation for those that are very different than us
5. We are also invited to learn to appreciate others who are like ourselves – paradoxically we *sometimes* are averse to others that are similar to us

Our WEPSS results are “**by us, about us, and for us**”

- We don't use this as a tool of judgement for ourselves or others

Not about Judgement – but SEEING

Not about Comparison – but COMPASSION

- By seeing and understanding your shadow side you can then have compassion on the shadow side you see in others

CRITICAL: Our greatest distortions or temptations emerge from an **addiction to or over reliance on our core personality strength.**

For the **ONE – Goodness** is stiffened into **Perfectionism**

For the **TWO – Helping** is caught by prideful **Enmeshment**

For the **THREE – Effectiveness** is deluded by image based **Workaholism**

For the **FOUR – Authenticity** is obscured by **Exaggerated Experientialism**

For the **FIVE – Wisdom** is isolated by **Greed**

For the **SIX – Loyalty** is overwhelmed by **Paralysis**

For the **SEVEN – Joy** is dissipated by **Gluttony**

For the **EIGHT – Advocacy** is crushed by **Bullying**

For the **NINE – Peace** is tranquilized by **Numbing**